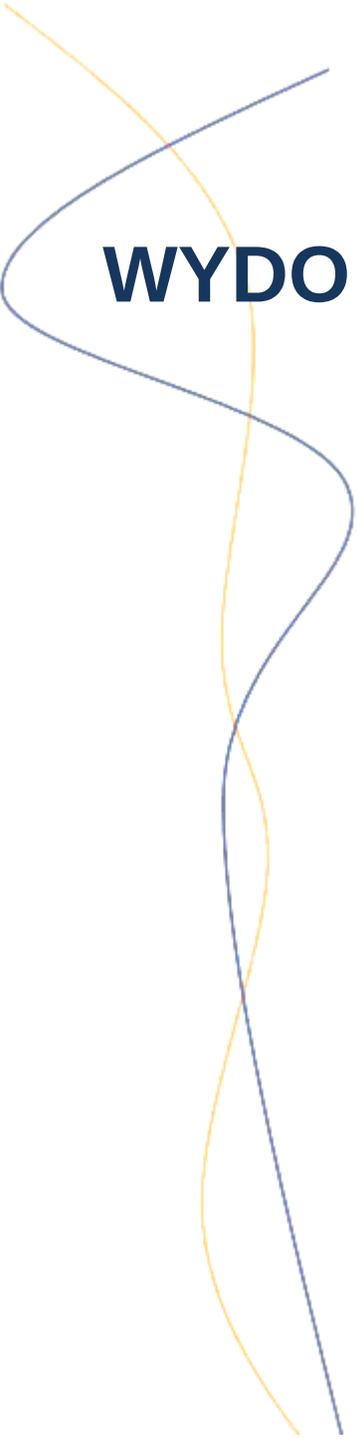




World Young Doctors' Organization



WYDO Annual Report 2014

Mission

The World Young Doctors' Organization is dedicated to provide young doctors around the world with opportunities to work together for the improvement of public health in developed and developing countries, to facilitate networking between young doctors for professional collaboration and recreation, and to improve the general environment of young doctors in their place of practice.

Vision

By 2015 the World Young Doctor's Organization will be the main forum for young doctors around the world to network, collaborate and improve public health.

Values

Respect the individual, regardless of culture, religion or philosophy of life.

Recognize teamwork and compassion as central for working towards our mission and goals.

Emphasize collaboration with partner organizations for mutual benefit.

Be independent of political and commercial influences contradicting the values of the foundation or limiting the activities of the foundation.

Commit to apply our mission, vision and values in all that the foundation does.

Goals

Be an international forum for young doctors to work on the improvement of public health.

Support and advocate for the improvement of young doctors' issues, in particular working environment and career opportunities.

Survey and convey the opinions of young doctors on a variety of issues.

Establish partnerships with other organizations.

Collaborate with partner organizations towards the mission of the foundation.

Provide and support social and cultural activities for young doctors.

Perform any further actions, which are related to the aforementioned goals or which work towards the mission of the foundation.

Introduction

The WYDO community, which was established in 2013 grew steadily in the past year. By the end of 2014 the community included persons from 53 countries. This is a very positive development, and we will continue to involve more and more young doctors in the WYDO community. We will also further develop the community in order to facilitate more discussion and sharing of experiences.

In 2014 another successful World Young Doctors Day was celebrated with the theme “Working Conditions of Young Doctors”. The theme proved to be very important for young doctors and mobilized a lot of responses. As a result, preparations were started for the first WYDO Global Working Group with the same theme. This Global Working Group is meant to initiate projects and activities to raise awareness of the concerning working conditions that exist all over the world, both in developed and in developing countries, and to facilitate young doctors in their endeavor to improve their working conditions.

We hope that WYDO can play a role in the improvement of the working conditions of young doctors and through that also for improved safety of and care for patients.

The WYDO board

Content

1. Strategic planning and daily management
2. WYDO Community
3. Communication
 - a. Website
 - b. Social media
4. Projects
 - a. Young Doctors' Café's
 - b. Residency database
 - c. World Young Doctors' Day
 - d. Resources for young doctors
 - e. Prayash project
5. Collaboration with other organizations
 - a. Doctors Society of Nepal
 - b. Global Medicine
 - c. HelMSIC Greece
 - d. Lifebox
6. Financial report
7. Perspectives for the next year
8. WYDO Team in 2014



World Young Doctors' Organization

1. Strategic planning and daily management

Most communication within WYDO takes place through online discussion. From 28 to 30 November 2014 the board met in Copenhagen, Denmark, for organizational strategic planning. At the meeting the mission and vision were revised, a first version of bylaws was drafted, each aspect of the organization was evaluated and the strategy regarding partner organizations was discussed and updated.

i. Governance

The organization is run by an international board, consisting of young doctors from various countries. Decision-making within the board encourages collaborative problem-solving, critical thinking, constructive criticism, value of minority views and collective ownership; all aspects of an inquiry process rather than an advocacy process. The board itself is a board of equals, with democratic decision-making and commitment to transparency and accountability.

The WYDO team in 2014 consisted of a Fundraising and Marketing Officer, four editors for the Speakers' corner, a news reporter, two programmers/software developers, National Focal Points for 23 countries and a team of three persons to coordinate activities for World Young Doctors Day. Although the main decision-making remains within the board, the entire WYDO team is regularly updated and consulted for feedback and opinions. The WYDO team is able to raise issues and give advice at any time through the online discussion software.

Since its establishment on 2 December 2012 until 31 December 2014 the WYDO community has grown to include 250 persons from 53 countries. The vision for the community is to involve its members more and more in decision making in WYDO, for instance in the selection of the theme for World Young Doctors Day.

WYDO is most committed to hearing what medical doctors around the world have to say; to this end the organization makes use of active discussion and debate, polls and other tools to better convey medical doctors' opinions and activities.

2. WYDO Community

On 2 December 2013, WYDO opened a registration on its website for the WYDO community. Members are automatically added to the WYDO community mailing list. By 31 December 2014, 250 persons from 53 countries had joined the community.

Members of the community came from the following countries (countries indicated with * joined in 2014): Algeria*, Bangladesh*, Benin*, Bosnia and Herzegovina, Botswana*, Burkina Faso, Cameroon*, Canada, Denmark, Ecuador, Egypt, France, Germany, Greece, India, Indonesia, Iran, Iraq*, Italy*, Kenya, Lebanon, Libya*, Lithuania*, Macedonia*, Malaysia*, Mexico, Nepal, Netherlands, Nigeria*, Pakistan, Palestinian Territory, Paraguay*, Poland*, Portugal, Qatar*, Russia, Saint Lucia*, Saudi Arabia, Senegal*, Sierra Leone, Somalia*, Spain, Sri Lanka, Sudan, Sweden, Tanzania*, Togo*, Tunisia, Turkey, Uganda, United Arab Emirates, United Kingdom*, United States.

By profession, 187 participants were medical doctors, 39 were medical students, 31 were medical officers (of which 10 were also a medical doctor and three were also medical students), two dentists, two epidemiologists, a pharmacist, a laboratory assistant. Some of these participants also indicated to be working as epidemiologists, laboratory scientists, pharmacists, researchers, public health specialists, healthcare quality specialists, country health director, teaching assistant, human resources management specialist, software developer/programmer, farmer, entrepreneur and a professional musician.

Considering the number of members of the community we had aimed for a larger growth. However, the number of countries represented in the community exceeded our expectations. This shows that individuals do find WYDO on the internet and are interested to join, probably often even without knowing anyone in the community. The opportunity for WYDO lies in mobilizing these young doctors to spread the word and get their colleagues to join too. The National Focal Points can also play an important role in this.

3. Communication

a. Website

The website continues to be an important means of communication for WYDO. The website was regularly updated and maintained to reflect new projects, collaborations, publications and countries involved in WYDO.

b. Social media

The use of social media was intensified. Interesting medical news and news on the organization was posted regularly on Facebook, LinkedIn and Twitter. WYDO had around 1700 followers on these social media channels.

4. Projects

a. Young Doctors' Cafe's

The first Young Doctors' Café's were held in Antwerp, Belgium and Dakar, Senegal in connection to World Young Doctors Day 2014. Both generated very useful feedback on the topic of working conditions for young doctors. For more details, please find the [report of World Young Doctors Day 2014](#).

b. Residency Database

The Residency Database is a collaborative project between WYDO and the Hellenic Medical Students' International Committee (HeMSIC). The project was initiated by HeMSIC and International Federation of Medical Students' Associations – Spain (IFMSA-Spain) in 2002 and from 2003 until 2012 it was a transnational project of the IFMSA. WYDO and HeMSIC are preparing for its relaunch.

The new Residency Database will include a dynamic database. Building this database requires advanced software programming and is planned to be completed during 2016. Once this database is operational it will be possible to for any young doctor to add information and give recommendations on residency programmes.

c. World Young Doctors' Day

On 24 June 2014, WYDO held the second World Young Doctors' Day with the theme 'Working Conditions of Young Doctors'. Activities on this day included an international awareness campaign on social media, an online campaign of Greek medical doctors, Young Doctors Café's in Antwerp, Belgium and Dakar, Senegal and a consultancy meeting in Ethiopia in collaboration with the Ethiopian society of general medical practice. Details of these activities can be found in the [report of World Young Doctors Day 2014](#).

These activities led to plans for a Global Working Group on Working Conditions, in order to be able to follow up on the identified issues and actively do something about them.

d. Resources for young doctors

In order to facilitate young doctors with resources that are freely available online WYDO collects links to resources on the following topics: good conduct in research, statistics and epidemiology, communication in science, career development, clinical practice, occupational issues, patient safety, post-graduate training. In 2014 this collection has not received many new links from young doctors. It is our hope for the future to make a more interactive interface so that it is easier for young doctors to share new links. The resources collection is located on the website: [Resources collection](#).

e. Do Hawood

In 2014 WYDO endorsed the Do Hawood project, which was founded in 2011 and aims to improve healthcare in developing countries by supporting medical students to become doctors, starting in Somaliland. It is run by three young doctors: Andrea Solnes Miltenburg, Minke Huibers and Marthe Zeldenrust.



For more information: [Do Hawood](#).

f. Prayash project

The Prayash project has been endorsed since September 2013. A project in Nepal that aims to deliver healthcare to the underprivileged. The team consists of Intern doctors and Medical Students from Institute of Medicine, Tribhuvan University, Kathmandu, Nepal with guidance provided by Dr. Maniraj Neupane, Nepal and Dr. Reto Pezzolli, Switzerland.

In 2014, 15 volunteers visited 5 orphanages, providing 208 children with medical check-ups and health education. During the visits books, clothes, food, and fuel were donated. In addition, two orphans who were admitted to the University Hospital in Kathmandu were helped with medication and clothes.

For more information: [Prayash project](#)



5. Collaboration with other organizations

WYDO maintained fruitful collaborations with the Doctors Society of Nepal (DSON), the magazine Global Medicine and the Hellenic Medical Students' International Committee (HeIMSIC), which were established in 2012. A new collaboration was established with the Lifebox Foundation.

a. Doctors' Society Nepal

The Doctors Society of Nepal (DSON) was created to work for the highest possible standards of ethical behavior and healthcare by doctors. It is a non-governmental, non-political and non-profit making professional association of the medical doctors of Nepal. DSON strives for enhancing the quality of the health care that will best serve the Nepalese people. DSON provides a forum for its members to communicate freely, to co-operate actively, to achieve professional competence, and to promote the professional security.

For more information: [Doctors' Society Nepal](#)

b. Global Medicine

Global Medicine is a magazine about global health, written for and by medical students and young doctors. It was founded in 2004 by the IFMSA-The Netherlands. Global Medicine's goal is to inform students and young professionals about news, research and opinions in the field of global health, to encourage them to get involved in this field and to be part of the next generation of global health workers. Also, Global Medicine gives a chance to young people to write and publish articles in an international magazine. Global Medicine is published three times a year and is available online.

For more information: [Global Medicine](#)

c. HeIMSIC

The Hellenic Medical Students' International Committee (HeIMSIC) is an independent society, non-profitable and non-governmental organization, founded in 1958 by medical students with the main goal to sensitize and activate medical students to public health, medical education, healthcare of refugees and vulnerable social groups, establishment of global peace, prevention of sexually transmitted diseases.

For more information: [HeIMSIC](#)

d. Lifebox Foundation

The Lifebox Foundation is a global health charity working to make surgery safer in low-resource countries. More than 70,000 operating rooms worldwide lack access to essential monitoring and safety checks, and life-saving surgery can become life-threatening. Lifebox distributes environment-appropriate

pulse oximeters and training the WHO Surgical Safety Checklist to support a long-term improvement in the safety and quality of surgical care in more than 90 countries. The MAKE IT 0® campaign tells stories from the frontline of global surgery and more information about how young doctors can get involved is available on their website. Lifebox is co-founded by leading medical organisations and chaired by world-renowned surgeon and author Professor Atul Gawande.

Since March 2014 WYDO supports the Make It Zero campaign against unsafe surgery.

For more information: [Lifebox](#), [Make It Zero](#)

6. Financial report

In 2014 the expenses were again kept to the very minimum and all online activities were carried out with free software. Expenses are currently covered by individual board members, to be reimbursed by funding from sponsorship.

	Period	Total (euro)
Fixed operational costs		
Hosting/server for website	Dec 2014-Dec 2015	50.32
Service costs ABN AMRO	Jan 2014-Jan 2015	142.54
Renewal of domain name	2014	14.04
Board meeting (subsidy for travel costs)		300
Total 2014		506.90
Total expenses made, including the establishment of WYDO		2215.16
Grand total		2722.06

7. Perspectives for next year

2015 will be characterized by further expansion of the WYDO community, especially focusing on reaching more young doctors in the countries that are already in the community. We will also aim to increase our reach through our expanding social media.

With the establishment of the Global Working Group on Working Conditions we plan to strengthen our role in addressing this important issue shared by young doctors and health professionals around the world.

WYDO is now established as an organization and we can start joining international networks and alliances and be able to give meaningful contributions to these networks. Through the community mailing

list and social media WYDO can also provide young doctors with very useful contributions from these networks.

8. WYDO Team in 2014

Board 2013-2015

Sophie Gubbels, chairperson and treasurer
Jade Khalifé, vice-chairperson
Hatem Alaa, secretary-general
Maximilian Mehnert, information technologies & ethics
Anselme Simeon Sanou, general board member
Paul Yonga, general board member

Officers

Nadeem Kasmani, fundraising/marketing officer

Project coordinators

Gaby Edgerton, Residency Database coordinator

Website Team

Manon Chaine, programmer/software developer
Benjamin Nyalojjie, programmer/software developer
Makhyan Jibril al Farabi, editor Speakers' corner
Ahmad Adi, editor Speakers' corner
Sanjeev Kumar, editor Speakers' corner
Prabhat Jha, news reporter

National Focal Points (NFPs)

Li Do, NFP Austria
Rahat Chowdhury, NFP Bangladesh
Valeria Mateeva, NFP Bulgaria
Anselme Simeon Sanou, NFP Burkina Faso
Tatiana Alvarez, NFP Colombia

Romance Dissieka, NFP Côte d'Ivoire
Hatem Alaa, NFP Egypt
Eyob Ale, NFP Ethiopia
Zukhrofi Muzar, NFP Indonesia
Paul Yonga, NFP Kenya
Maniraj Neupane, NFP Nepal
Oumarou Maïmouna, NFP Niger
Ireju Ajie, NFP Nigeria
Shafik Yusuff, NFP Oman
Faseeh Shahab, NFP Pakistan
Kharla Heredia, NFP Peru
Agnieszka Gaczkowska, NFP Poland
Gjoko Spasevski, NFP Republic of Macedonia
Yulia Orlova, NFP Russia
Rasheed S Alameer, NFP Saudia Arabia
Luis Ensenyat Martin, NFP Spain
Abubaker Hashim, NFP Sudan
Elif Keles, NFP Turkey
Jamil Kasmani, NFP UAE

World Young Doctors Day team

Arsène Kpangon, Senegal
Kostas Reditis, Greece
Omar Abo Shady, Egypt